



Randall's Adventure & Training SRT Training Record



Knowledge / Skill	RK / RS	Date	Student Initials	Instructor Initials
Safety	RK			
Rope Types	RK			
Rope Care	RK			
Hardware	RK			
Personal Protection Equipment	RK			
Knots	RK			
Figure 8 Stopper, Figure 8 Bight	RS			
Figure 8 Follow-Through	RS			
Double Figure 8	RS			
Figure 8 Bend	RS			
Double Fisherman	RS			
3-Wrap Prusik	RS			
Alpine Butterfly	RS			
Tensionless Hitch	RS			
Water Knot	RS			
Anchors	RK			
Anchor Systems	RK			
Vector Angles	RK			
Back Ties	RK			
Change Of Direction	RK			
Edge Protection	RK			
Descender Types	RK			
Improvised Harness	RK			
Demonstrate Improvised Harness	RS			
Single Point Anchor System	RS			
Compound Anchor System	RS			
Rappelling Commands	RK			
Belaying Techniques	RK			
Rappel Techniques	RK			
Rig & Rappel Min. 30' (start to finish)	RS			
Belay / Lower Rappeller	RS			
Self-Belays / Auto-Blocks	RK			
Self- Rescue Techniques	RK			
Demonstrate Self-Rescue	RS			
Ascender Types / Systems	RK			
Ascend Min/ 30'	RS			
Changeovers	RK			
Ascend Min/ 15', Changeover to Rappel	RS			
Knot Passing	RK			
Knot Passing Descending	RS			
Knot Passing Ascending	RS			

The undersigned verifies the student has received the requisite knowledge and demonstrated the requisite skills for the Randall's Adventure & Training Single Rope Techniques Course.

Student Name	Instructor	Instructor
Student Signature	Signature	Signature
Date	Date	Date

Course Location: _____

Remarks: _____